

Information on the Domestic Outbreak of Influenza A(H1N1)

This is an influenza A(H1N1) update.

Since May 16 2009, a number of new cases of influenza A(H1N1) have been reported in Kobe and Osaka prefectures. As of 10:00 am on May 18 2009, there are no reported cases of influenza A(H1N1) in Kagoshima City.

Influenza A(H1N1) has symptoms which are similar to those of normal seasonal influenza. It is possible to recover from an infection with early medical attention. We will continue to post new information as it becomes available. There is no cause for alarm at this time.

Symptoms of influenza A(H1N1) include: a fever above 38°C, cough, sore throat, runny nose, and chills. If you experience any of these symptoms do not go directly to the hospital. Instead, please call the Fever Consultation Center. The center will provide advice and direct you to the proper medical facilities. Please follow the center's instructions.

Fever Consultation Center (for fevers caused by influenza A(H1N1))

Chuo Public Health Center, Kagoshima City
099- 258-2321 8:30-17:00 (Japanese language only)

Consultation Center (for influenza A(H1N1))

Health Promotion Division Kagoshima Prefectural Government
099-286-2724 health@pref.kagoshima.lg.jp

Prevention Methods

Wash your hands and gargle after returning home!



1. After returning home, wash your hands and gargle.
Hand washing is particularly effective.
2. Avoid areas where large numbers of people gather.
This includes concerts and assemblies.
3. Avoid traveling to areas where influenza A(H1N1) has been reported.
4. Eat healthy foods and get plenty of sleep and rest.

Author: Kagoshima International Citizens' Society
Tel: 099-216-1131 / Fax: 099-239-9258
kics@po.minc.ne.jp